**Grade 7**

**Unit 2. Lesson 1-5**

**THEME :Healthy life.**

The aim :

* To present and practice new words.
* To talk about health problems and give advice
* To present and practice modal verb “must and should”
* Talking about healthy and unhealthy food and products

**The method of the lesson:** visual and traditional method.

**The equipment of the lesson**: class books, poster, pictures and cards.

**Class expressions**: Get ready for the game; Look at the poster; take one colored ball;

Number above 100; Answer the questions in written form; a lot of energy, vitamins, minerals etc.

**The procedure of the lesson** :

1) the beginning of the lesson :

1. greetingandorganizationalmoment;
2. listening to the report for the pupil on duty;
3. checkingupthehomework.

2)the main part of the lesson :

***Activity 1***. Warming up.

This activity can be done as warm up :

“What do you usually have for breakfast?”

“Do you like vegetables?”

After their answers identifying the food product, which most of them had and draw it on the blackboard. Then ask its advantages.

“Look, have you guessed

that the egg is very useful

for our health.

do you want to be healthy?

PP: “Yes”

“You should eat more healthy

foods like this.””

***Activity 2.***

Aim : to present and practice word for health problems and illnesses.

Sore, broken, ache, cut, twisted, pain

I have got a … throat.

I have got a stomach …

I have got a … on my finger.

I have got a … in my back.

I have got a … ankle.

I have got a … leg.

***Activity 3.*** to develop translation skills and grammar.

First, pupils read and translate the dialogue :

*Patient: Good morning.*

*Doctor : Good morning.*

*Patient : I’ve got a headache and temperature.*

*Doctor : Mmm. You must take one aspirin three times a day and you should have not tea and stay in bed.*

*Patient : Thanks, Doctor.*

*Doctor : Bye.*

***Activity 4.*** To consolidate the new theme.

Chain drill: “You should go to bed on time :

you should do your homework in time;

you shouldn’t be late to school.”

P.A : “You should drink two liters of water every day”

P.B.: “You shouldn’t eat a lot of sweets”

***Activity 5.*** Write the new vocabulary.

Health - sog’lik Medicine - dori – darmon

Ache - og’riq Headache - bosh og’rig’i

Stomachache - oshqozonog’rig’I Sore throat - tomoqog’rig’i

Patient - bemor Temperature - harorat

Herbal - dorivor

***Activity 6.***

- to introduce and practice the question “What’s the matter with you?”

Pupils work in pairs making conversations.

So, what’s the matter with you?

I’vegotterriblestomachache.

***Activity 7.*** Wordsearching.

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| --- | --- | --- | --- | --- | --- |
| **H** | **E** | **R** | **B** | **A** | **L** |
| **E** | C | O | **L** | **C** | D |
| **A** | A | P | **O** | **H** | Q |
| **D** | W | D | **O** | **E** | T |
| **H** | **A** | **N** | **D** | S | Y |

THE END OF THE LESSON.

**Home work**

Read and copy this text, look and answer to “Warming up”, copy and complete the sentences, read and translate the dialog, consolidate the new theme, look in the Wordlist and write the meaning, work in pairs making conversations, word searching.